

# Memos

St. Mark Evangelical Lutheran Church  
Worth, Illinois  
708-448-6555  
Pastor Jay Trygstad



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## WORSHIP WITH US

**SUNDAY**  
8:00 A.M.  
Classic Grace  
(Traditional Worship)

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9:30 A.M.  
Prayer & Praise  
(Contemporary)

Sunday School  
Koetz Hall

Adult Bible Study  
Fellowship Hall

~~~  
10:45 A.M.  
Joyful Noise  
(Contemporary)

~~~~~  
Adult Bible Study  
Fellowship Hall

## HOORAY! SUNDAY SCHOOL IS BACK IN SESSION!

**Come one come all to St. Mark's Sunday School Rally day! September 11th is the first day of Sunday School for children ages 3 1/2 (potty trained) to 14yrs.**

**The children gather for large group worship & praise, then go into age appropriate small groups for Biblical lesson discussions and projects.**

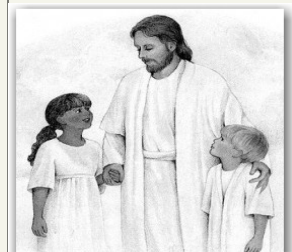
**Sunday school is located at Koetz hall (white house two doors down from main church) and is from 9:30 to 10:30 am.**

Jesus said,  
"Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these.

Matthew 19:14

**Deadline for the October Memos is September 23rd.**

*Psalm 78:5* "For He . . . appointed a law in Israel, Which He commanded our fathers That they should teach them to their children, That the generation to come might know, even the children yet to be born . . ."




**PASTOR'S PAGE**
**HEALING SERVICE  
SUNDAY, SEPTEMBER 11TH**

I read a very interesting article about a medical study conducted by a cardiologist from San Francisco General Hospital. The study was done with 393 cardiac patients. 50% were prayed for and 50% were not prayed for. In this scientific, white-coated, —blind study, the results showed that those patients who were prayed for did better, by far, than those not prayed for.

Half the patients were assigned a code not known to the researchers or the patients themselves. Each coded patient had 5-7 people assigned to pray for them. Those praying knew the patient's name, diagnosis and condition and prayed for their person every day.

At the end of the study, the "prayed for" patients did better in several specific ways:

- 1). Only 3 of the prayed for patients required anti-biotics for complications such as bronchitis, or pneumonia compared to 16 in the control (unprayed for) group.
- 2). Only 6 developed a complication called edema (waterlogged lungs from heart failure) compared with 18 in the unprayed for control.
- 3). None of the prayed for required endotracheal intubation (inserting a tube through the voice box into the lung airways to remove fluid) compared with 12 in the control.

The late Dr. Robert Mendolson, reflecting on these findings posed these rhetorical questions:

Should a doctor who fails to prescribe prayer be considered negligent in the case of bad outcomes?

And should "pray-ers" set a fee and be eligible for reimbursement from medical insurance? Food for thought.

**H**ealing prayer is one of our missions as Christians. In this study some scientists discovered what Christians have known for a long time. **PRAYER WORKS.**

The Bible teaches us in the book of James,  
*"Is anyone of you suffering? Let him pray . . . Is anyone of you sick? Let them call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord . . . Confess your sins to one another, and pray for one another, that you may be healed."*

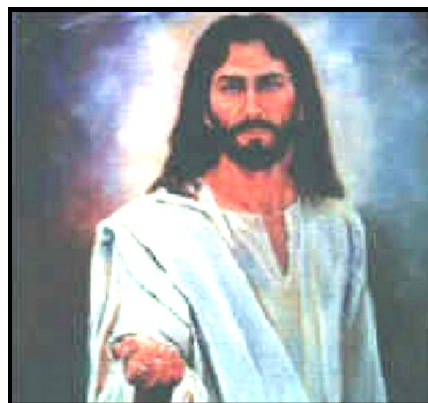
**O**n Sunday, September 11th, there will be a healing service at every worship service. We will be praying for our nation, our leaders, our servicemen and women, and for the healing of our land. We will also invite people who need healing to come forward and be prayed for, and anointed with oil, as the Bible instructs us to do.

If you have the spiritual gift of either healing, intercession, or faith, please make a point to attend at least one of these services. This is a great opportunity to use your gift.

Finally, please be thinking of who you know who doesn't have a church that you could invite to come with you to this service.

If you have any questions about this service, please do not hesitate to call me and I will be glad to clarify.

Your brother in Christ,  
Pastor Jay



### PRAYER CONCERNS

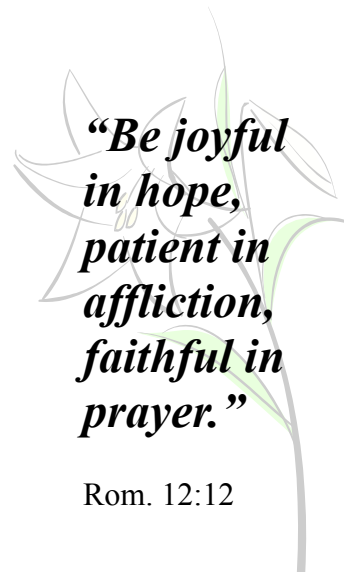
Let us pray . . .

For Pastor Jay, Rich Rossner, Ubaldo Bivian, Phyllis Crowley, Crystal Kuk, Al Marco, Dave Brasel, Carol Ambrose, Sandy Virag, Ken Elsner, and Rich Heinze. President Obama and other world leaders, and Bishops Mark Hansen and Wayne Miller and all Christian church leaders.

And for the family and friends of Norm Elder.

For the homebound including : Fred Dietrich, Wally Huscher, Diane Anetsberger, Helen Highland, Helen Laschober, Bob Higdon, Calvin Porter, Donna Gutierrez, Mildred Hense and Carl Flaws.

FOR THOSE SERVING IN THE MILITARY INCLUDING CHRISTOPHER FREITAG, LUKE BIALCYK, KYLE KUCHENBECKER, ISAAC BARTOSIK, AARON FELTZ BRADLEY HOJEK, SHAUN WILLOUGHBY, BRIAN SCHOPPER, NATHAN ROGERS, AND RON BRASEL.



**“Be joyful in hope, patient in affliction, faithful in prayer.”**

Rom. 12:12

**ANNUAL CHURCH PICNIC** will be held on Patriot’s Day, Saturday, September 10th beginning at noon. **Bring a dish to share and your own beverages** and join us for this great event. The Fellowship committee will provide sloppy joe, pulled pork, and hot dogs. There will be Bingo, kid’s games, music, beanbag tournament and tons of fun. **PLEASE BE A PART OF THIS GREAT CELEBRATION.**



We still have cookbooks for sale at \$12.00 each. These make great Christmas, wedding shower, housewarming, and birthday gifts. Get your holiday shopping done easily, quickly and without going out in the snow while supporting your church at the same time.



**FEED YOUR FLOCK WITH “FEEDING THE FLOCK”**

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**The Mission committee** would like to ask everyone to save your shoeboxes and perhaps pick up a few extra items of school supplies while getting the kids back to school. We will again be putting shoebox gifts together for Samaritans Purse's, "Operation Christmas Child, this year. We will begin on October 16th, and the shoeboxes will need to be completed by November 13th.

To refresh your memory, the idea is to fill a shoebox with items such as school supplies, hygiene products, hard candies, and small toys to delight a child, boy or girl, in one of three age categories.

Thank you in advance for your participation! There will be more information coming soon. If you have any questions or if you would like to volunteer to help with the project, call Marcie DeChristopher at 312-613-1234



## What's going on at St. Mark?

### MEET BILL BROOKS:

I am Bill Brooks, a Christian Country/ country gospel musician.

Music has always been a large part of my life. I sang in choirs at school and church. Played in the high school marching band. And was the front man for many rock, country and folk groups. 2008 marked 40 years in the music biz as I performed my first pro gig at the age of 14. The sad realization is that for 35 of those years I performed either drunk or high. I stumbled though life a dead man walkin'. I gave up on my Lord, my family, my wife, my children, my friends, my music, everything. Then on December 23, 2002, I gave up on life. But someone had not given up on me.. That was my Lord and Savior Jesus Christ.

I was sober for the next 45 days, but not happy. Then one evening I was sitting in my truck, when for the first time in my life I opened up my heart and asked for help. My prayers were answered. I am such a blessed man.

I now dedicate my life and my talents to sing a new song with a new heart. A song of praise to The Lord.. In March of 2007 I was called by The Lord to sell our home, move into a fifth-wheel travel trailer, and along with my wife and best friend Judy, we have hit the road to serve the Lord and I've been sharing my music and testimony with Christ based recovery groups, churches, Christian coffee houses, correctional institutions and any other door that The Master opens.

***BILL BROOKS will be giving a free concert at St. Mark Monday, Sept. 26th at 7:00 P.M.***

### **Disciple Makers Midweek Program -**

Once again St. Mark is offering a Midweek children's program called Disciple Makers. This program is a 6-week Wednesday evening program. Children come for Large group praise and worship, small group object lessons, and a community outreach project.

Kids can earn "Kids Kash" when learning scripture verses, to be used to buy goodies at the Kids Store. This program is a wonderful opportunity for those children who are not able to attend Sunday school on a regular basis. The fall session starts Oct. 12th from 6:30 to 8:00pm. Ages K- 5th grade are welcome to attend.

***Jr. High Youth Group*** - Beginning in September - Meet on the First and Third Thursdays of each month at the church for social events / activities.

***Sr. High Youth Group*** - Beginning Friday, October 14th - Meet on the 2nd and 3rd Friday's of each month from 7 - 9pm in Koetz Hall.

***Combined Bible Study*** Jr. & Sr. High - Monday's - 6:30pm to 8:00pm - November 28 / December 5 / December 12 / December 19.

Saturday, September 10th - ***Annual Church Picnic*** - Begins at Noon - Patriotic Theme (if you can help with kids games please call Bev Muscarella)

Wednesday, September 14th - from 8 to 9:30pm - ***Meet and Greet*** @ Bakers Square, 14651 S LaGrange Road. (High school kids and their parents)

Friday, September 16th - ***Senior High Lock-in*** with Movie and Popcorn - 7pm Koetz Hall - Grades 9-12

***GAME NIGHT*** - Friday, September 23rd - 7 to 9pm in Koetz Hall - Grades 3rd - 5th. Pebbles to Stones.

***Annual Pet Blessing*** - Saturday - October 1st @ 10am (all ages)

***Youth Encounter Concert*** - @ 6:30pm in the church - Open to families and kids of all ages!

Jr. High Youth Group - Saturday, October 8th - ***First Annual Pumpkin Pass***—Noon at the Church

***Movie and Game Night*** - October 23rd - Noon to 5:00pm

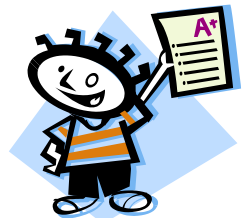
***Acquire the Fire*** - November 4th and 5th - Grades Jr. & Sr. High

***Pre-Thanksgiving celebration with Lock-In*** - Friday, November 18th - Koetz Hall - 7pm - 8pm

***Brookfield Zoo*** - Tree decorating - Sunday, November 20th - 10am - 5pm (leave church after 10:45am service).

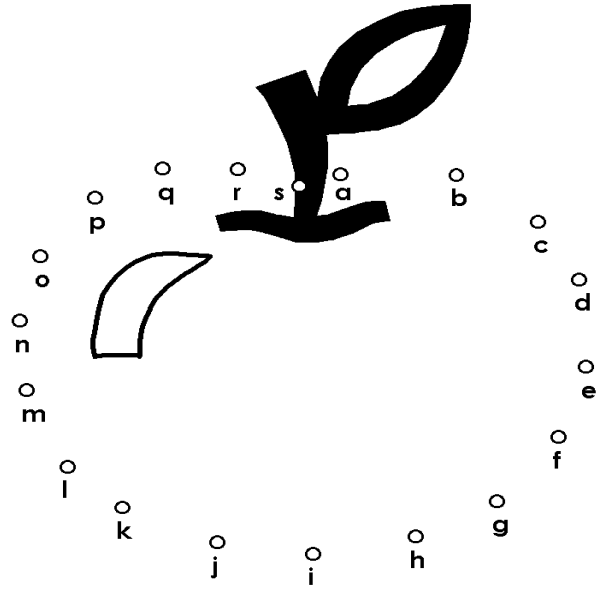
***Pre-Christmas celebration with Lock-In*** Friday, December 16th - Koetz Hall - 7pm to 8am

# KID'S KORNER





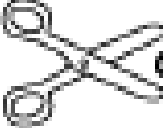


## 23rd Psalm for Students

The Lord is my Shepherd, I shall not flunk  
 He keepeth me from lying down when I should be studying  
 He leadeth me beside the water cooler for a study break  
 He restores my faith in study guides  
 He leads me to better study habits  
 For my grades' sake.  
 Yea, though I walk through the valley of borderline grades  
 I will not have a nervous breakdown  
 For thou art with me  
 My prayers and my friends, they comfort me  
 Thou givest me the answer in moments of blankness  
 Thou anointest my head with understanding  
 My test paper runneth over with questions I recognise.  
 Surely passing grades and flying colours shall follow me  
 All the days of my examinations  
 And I shall not have to dwell in this exam hall forever.



### UNSCRAMBLE THE SCHOOL WORDS:

|                                                                                                             |                                                                                                             |
|-------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|
|  <b>nep</b><br>_____      |  <b>cckol</b><br>_____    |
|  <b>lobge</b><br>_____   |  <b>ppear</b><br>_____   |
|  <b>yocrna</b><br>_____  |  <b>licnep</b><br>_____  |
|  <b>leesa</b><br>_____    |  <b>lurer</b><br>_____   |
|  <b>strapel</b><br>_____ |  <b>orsssic</b><br>_____ |



# HAPPY SEPTEMBER BIRTHDAY!!!

- \* 1. Tommy Otto
- \* 2. Debbie Giera, Amy Johnstone
- \* 3. Vicki Otto, Lois Fisher
- \* 4. Ted Iwanski
- \* 5. Debbie Lantz
- \* 7. Dave Brasel
- \* 8. Natalie Andrews
- \* 9. Lois Faragher, Linda Janko
- \* 10. Carolyn Hammond, Judie Thomas, Kristin Rubino
- \* 11. Sarah Doeden, Joe Brewer
- \* 12. Norman Paroubek, Dee Nester, Tara Rivera
- \* 13. Mike Craig, Katie Blessman
- \* 14. Lorissa Sernus
- \* 16. Joan Baldauf, Paul Haveman, William Weber, Gia Ploricki
- \* 17. Robin Comber, Chris Ries
- \* 19. Ed Crowley, Sandy Carey, Alexandra Joiner, Emma Chudy
- \* 20. Rebecca Cryan
- \* 22. Alan Puhr
- \* 23. Gene Meyers, Greg Ries, Brad Albrecht
- \* 25. Sara Chudy
- \* 26. Tyler Craig
- \* 27. Ruth Grebenor, Barb Sturtevant, Margie Curry
- \* 29. Jessica Fox
- \* 30. Marni Oblak



## Biblical Questions and Answers

**Q. Who was the greatest financier in the Bible?**

**A. Noah. He was floating his stock while everyone else was in liquidation.**

**Q. Who was the greatest female financier in the Bible?**

**A. Pharaoh's daughter. She went down to the bank of the Nile and drew out a little prophet.**

**Q. What kind of man was Boaz before he got married?**

**A. Ruth-less.**

**Q. What kind of motor vehicles are in the Bible?**

**A. Jehovah drove Adam and Eve out of the Garden in a Fury.**

**Q. What kind of motor vehicles are in the Bible?**

**A. David's Triumph was heard throughout the land.**

# DIVINE DOLLAR\$

## SIX YEARS AND COUNTING!

With \$1,095.00 in sales on August 21, 2011, total Divine Dollar sales in six years has reached \$650,759.00 with a profit of \$27,057.96 or 4.16%.

35 vendors are now represented in our cash/carry inventory, including our newest members: Pet Smart – \$25.00 and Target - \$25.00.

- 6 Department / Clothing / Home Accessories
- 13 Fast Food / Restaurants
- 4 Grocery / Pharmacy
- 5 Office / Electronic / Hardware
- 1 Pet
- 3 Theater / Book Stores

We carry cards for vendors most needed for everyday use. Gas/ grocery / fast food are the ones most often purchased. Divine Dollar cards are not just for gifts, but can become a part of your every day shopping experience.

Those of us who are going to buy groceries, gasoline, or go out to eat, go to the Divine Dollar table and exchange our money (cash or check) for cards or certificates. A percentage of everything we purchase goes into the general fund and we get full value for our money. (Each vendor determines the percentage for its card / certificate.) We then use the cards as payment on our purchases and don't spend a penny more than we were going to anyway!

Please stop by our table and put a Divine Dollar card into your wallet. As an old TV commercial said: "Try it – you'll like it."

If you have not experienced shopping with these cards, ask one of us who had done so for the past six years.

To all our "faithful purchasers" and our "once in a while purchasers" we say

THANK YOU!!

Your Divine Dollar\$ Team

# A Week of Positive Thoughts

|                  |                                                                                                |
|------------------|------------------------------------------------------------------------------------------------|
| <b>MONDAY</b>    | <b>Be bold, and mighty. Powers will come to your aid.</b>                                      |
| <b>TUESDAY</b>   | <b>Let go and let God. Let Him take over your life and run it. He knows how.</b>               |
| <b>WEDNESDAY</b> | <b>It is always too soon to quit.</b>                                                          |
| <b>THURSDAY</b>  | <b>The secret of life isn't what happens to you, but what you do with what happens to you.</b> |
| <b>FRIDAY</b>    | <b>Think – the successful idea is always in your mind. Think it out.</b>                       |
| <b>SATURDAY</b>  | <b>Go at life with abandon; give it all you've got, and life will give all it has to you.</b>  |
| <b>SUNDAY</b>    | <b>Prayerize, Visualize, Energize, Actualize.</b>                                              |

**Positive  Thinkers  
Club  
Guideposts Foundation  
P.O. Box 5823  
Harlan, Iowa 51593**

**(found on the back of a sheet of address labels)**

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**CONSECRATION SUNDAY—OCTOBER 2ND**

An **ALL TOGETHER** service at 9:30am

Come, fellowship together after the service in the church Fellowship Hall at our 'Expanded' Hospitality Table for a 'CONTINENTAL BREAKFAST'.

Due to the depressed economy and how it has impacted our church family we (stewardship) decided to be frugal this year, opting out of a catered dinner.

We hope you will join us.

The Stewardship Committee

## St. Mark Lutheran Church Teddy Bear Ministry



Deepest Thanks and Teddy Bear Hugs go out to:

- All who have taken one of our Teddy Bears to someone in need
- Pastor Jay, Church Council, and the Worship Committee for their support of this ministry
- Heidi Studnicka and Adrienne Olejnik, our Teddy Bear “Doctors”
- Margaret Hanson, our shopper extraordinaire
- Ed Muscarella and Garth Smith for finding space to “house” our Teddy Bears
- Marge Krause and Heidi Studnicka, our Teddy Bear tag-makers
- The other members of the Missions Committee: Marcie DeChristopher, Lari-Jo Meyers, Laura Mikos, and Karen Rames for embracing the idea and their efforts to get this ministry started
- All who have been kind enough to keep our ministry going by the donation of new or ‘gently used’ Teddy Bears

If you’d like more information about our Teddy Bear Ministry, please contact Judi LaBuda at 708-738-7881 or LABUDA7013@aol.com.

*Dear Brothers and Sisters in Christ:*

*Thank you for the stuffed bear for our daughter, Katie. A couple from your church met my husband and he shared with them the journey we’ve been traveling on since June. What a special and touching ministry you’re sharing with others. And what a reminder it serves that God’s Word is living, it’s active, it proclaims His message of love, forgiveness and hope. Through this whole experience, our family—our Christian community, has truly experienced what it must have felt like in the first church, as described in Acts chapter 4.*

*Thank you for sharing yourselves with us and for pledging to pray for our daughter Katie.*

*Thank you,!*

*Dan, Barb & Katie, Worth, IL*

*Ephesians 2:20: “For we are God’s workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.”*

## EVANGELIZING THE VILLAGE OF WORTH

July 10, 2011—August 21, 2011

After seven weeks of visits by our seven (7) teams we have made a total of 831 visits. We have received 185 prayer requests. And we have distributed 14 Teddy Bears.

Our seven teams are:

Amy Gajeski & Bill Lammel, Mark Kuehner & Laura Mikos, Bob & Alma Young, Lari-Jo Meyers & Jim Andrews, John & Sandy Carey, Pastor Jay Trygstad & Theresa Barth, Lezley Zubaty & Margaret Hanson. (Good Job!)



### St. Mark Lutheran Church Teddy Bear Ministry

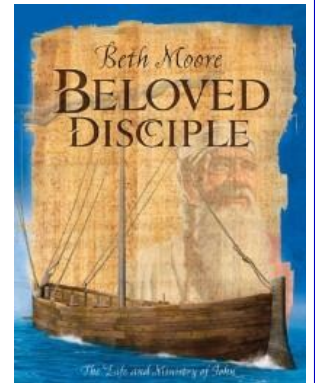
If you come to worship with us on Sunday morning, you just may find yourself sitting next to one of our furry friends. They are part of our Teddy Bear Ministry. These bears represent the love and caring of our congregation and are being given by our church family to those who need comfort.

Each bear has a tag attached around its neck that reads: “This bear has been living and worshipping with the congregation of St. Mark Lutheran Church in Worth, Illinois. It has heard the Word read, the Message preached, songs of praise sung, and prayers offered. It has been hugged, loved, and supported by the caring family of St. Mark. Now it comes to you bringing blessings of love, support, and encouragement.” On the opposite side of the tag a prayer is printed.

It is the joy of our church members to give love to and worship with these bears during our services ... maybe even say the prayer on the tag. Then if they know of someone who could use some extra comfort, they are encouraged to take a bear to them.

WOMEN'S BIBLE STUDY  
THURSDAY'S @ 6:30PM

With Beth Moore—studying the life and ministry of John. Women of all ages are welcome.



**ST. MARK EVANGELICAL LUTHERAN CHURCH**

**Loving God – *Serving Others***

11007 So. 76<sup>th</sup> Ave.

Worth, IL. 60482

[www.stmarkworth.org](http://www.stmarkworth.org)



**BY FIRST CLASS MAIL TO:**